



Si no te gusta tu vida, ¡cámbiala!

By Calleja, Jesús

Booket, 2015. soft. Book Condition: New. Jesús Calleja, el aventurero más carismático de la televisión, es alguien que jamás ha puesto excusas entre él y sus sueños, ya que su vida ha sido un constante ejercicio de superación que le ha permitido llevar a la práctica numerosos proyectos que, a priori, parecían imposibles. Este libro no narra sólo las asombrosas aventuras de un hombre decidido a romper todos los límites. Es sobre todo un manual lleno de valiosas ideas y consejos para todo aquel que no se conforma con la rutina y la pasividad. A partir del lema «Si no te gusta tu vida, ¡cámbiala!», en estas páginas nos entrenaremos para empezar ahora la vida que siempre hemos anhelado.



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