



Just Soup

By Henrietta Clancy

Hardback. Book Condition: New. Not Signed; Soup is the ultimate superfood - the secret to losing weight and staying healthy. In this beautifully produced book, Brixton-based cook Henrietta Clancy brings a fresh approach to the food which is the new buzzword for good nutrition, sharing her favourite 50 recipes - the only soup recipes you will ever need . Arranged in five simple sections - quick soups, raw soups, slow soups, hearty soups and broths - these are all super easy to make and satisfyingly good for you, with high-impact flavours and ingredients guaranteed to nourish your body. book.



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Reviews

This book is definitely not straightforward to get started on studying but extremely exciting to read. It is really simplistic but shocks in the 50 percent of the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Ally Reichel**

This publication is amazing. It is definitely basic but shocks in the fifty percent of your publication. You wont feel monotony at anytime of your own time (that's what catalogues are for concerning if you question me).

-- **Prof. Kirk Cruickshank DDS**