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## Taking Flight

By Susie Morris

PublishAmerica. Paperback. Book Condition: New. Paperback. 62 pages. Dimensions: 8.7in. x 6.1in. x 0.4in. Susie experiences disappointments, joys, and extreme circumstances in Taking Flight. The life portrayed is not extremely different from many lives. This book is written to show coping with mental illness does take a village. Susie's acceptance of love, though reluctant at times, has proven to be a gift of normalcy. However, Susie is not the heroine in this book. Her family and friends guided her back to the girl they once knew. Susie was mentally ill; she could not make decisions. Her family decided what was best for Susie. Her trust in her mother's caretaking gave her the opportunity to have a husband and family for 22 years, a master's degree in education, and a professional teaching career. I hope this book will relay three messages to those who have mental illness and their families: keep praying with a good attitude, listen to good doctors and take medications properly, and thirdly focus on loving others, and get your mind off yourself when it is tangled and twisted. This book hopes to take the worries and insecurities off your back, so you may soar and gather your soul...



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