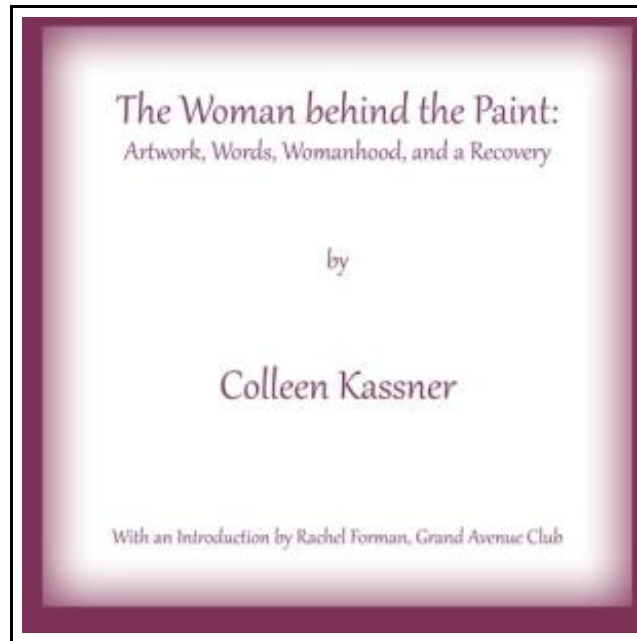


## The Woman Behind the Paint: Artwork, Words, Womanhood and a Recovery



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### ***Reviews***




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(Eddie Schuppe)*

## THE WOMAN BEHIND THE PAINT: ARTWORK, WORDS, WOMANHOOD AND A RECOVERY



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Createspace, United States, 2015. Paperback. Book Condition: New. 216 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Colleen Kassner s recovery from mental illness is illustrated through her artwork, essays and poetry. Her journey starts in 1994 and is a powerful narrative relating her amazing transformation. From single mother and social work student doing her internship at Grand Avenue Club (GAC) in Milwaukee, Wisconsin, to a woman in the throes of bi-polar disorder and alcohol abuse, she changes her life when she experiences an epiphany that starts her recovery. She becomes a person who, paints, runs a gallery, is happily married, and encourages others on their journey to mental health and recovery. In 2001 she reconnected with her creativity by using art to aid in her recuperation from a traumatic psychiatric hospitalization. She hasn t stopped creating and growing as a human being since. Colleen combined her degree in social work with her love for art in 2006 when she re-established, her connection with GAC. GAC uses a unique, non-clinical philosophy of psychiatric rehabilitation, which enables its members to return to full and productive lives. Rachel Forman, in the introduction to this book states: GAC boasts a thriving Employment Program, whereby scores of people are working out in the community; a fine Supported Education Program, whereby members are earning vocational certificates and degrees at local schools; and an Evening, Weekend, and Holiday Programming whereby members celebrate every holiday, see movies and plays; organize baseball games and dances; attend concerts, sports events, and festivals out in the community; go to local museums and spend some very cozy times with each other at GAC. Colleen currently serves as GAC s Artist in Residence, mentoring members in art, running their gallery, Gallery Grand, and promoting the development of...

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