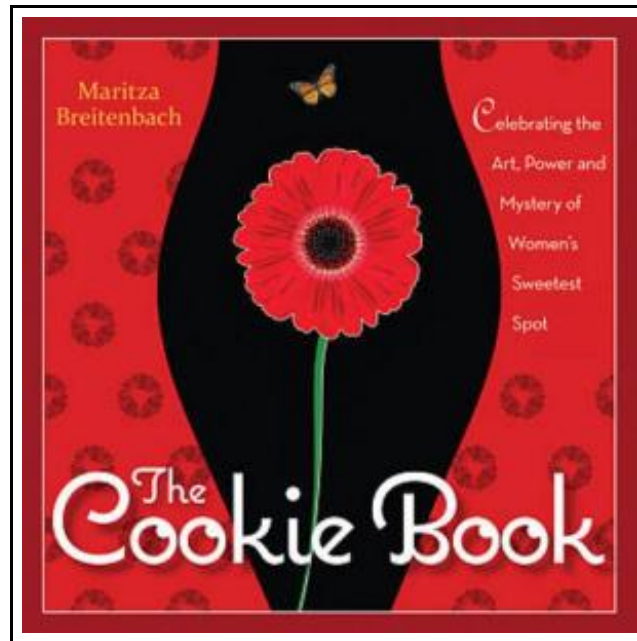


## The Cookie Book: Celebrating the Art, Power and Mystery of Woman s Sweetest Spot



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Hunter House Inc.,U.S., United States, 2013. Paperback. Book Condition: New. 157 x 157 mm. Language: English . Brand New Book. Self-esteem and self-empowerment are vital for a rewarding and fulfilling life and are often bolstered by belief systems and societal views. But what if these systems or views prevent us from truly accepting ourselves because of miseducation or taboo? Such is the case for most women and the vagina, an organ so vital to our very existence, yet shrouded in secrecy and shamefully hidden.In Maritza Breitenbach s The Cookie Book, she sets out to dispel taboo and promote female self-empowerment through her artistically beautiful and historically rich exploration of the human vagina. Fun, easy-to-read and light, The Cookie Book is a must-read for young adults and women of all ages just learning about or ready to take ownership of their own hidden treasure. The Cookie Book also details important rites of passage from tot to teen, pregnancy and childbirth to menopause.Inspired by her love of research and her own inability to talk about the vagina with confidence and ease, Breitenbach found women embarrassed and anxious about its appearance, aroma, general function, among others issues. Breitenbach believes when we view our vaginas as a source of pride and wonder rather than something of which to be ashamed, we empower ourselves beyond question in the most essential part of our being. The Cookie Book is filled with rare and interesting historical snippets and has over 100 color photographs and illustrations by famous painters such as Picasso, Rodin, de Goya, among others, all designed to encourage women to share information with friends and loved ones. The beautiful artwork, historical facts and cartoons promotes communication, which Breitenbach says is essential to liberating women and the vagina from taboo and bringing ownership back to every...

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